

# Aptaliko

(Turkey)

The Aptal Havasi is the tune par excellence for a type of Zebikiko known generically as Aptaliko. The Aptaliko is defined by its rhythmic division of the 9/8 Sebikiko meter into a reverse pattern of 3 2 2 2. As a dance it is performed in different structures and formations, i.e., solo, couple, or group depending on regions and traditions. The dance described below is based on a group version as performed on the island of Mytilini off the west coast of Turkey. Source: Joe Graziosi, video of dancers from Mytilini.

Pronunciation: ahp-TAHL-ee-koh

Music: Kotansky 1999 Camp Tape

Rhythm: 9/8, counted as 3 2 2 2 or 2 1 2 2 2 (SQSSS) or 2 1 2 2 2 (SQSQQS).

Formation: Circle, hands free at sides.

## Meas

## Pattern

4 meas

### INTRODUCTION

#### I. BASIC PATTERN

1 Facing ctr, step on L to L (S); step bkwd onto R (Q); step on L to R in front of R (S); step on R to R (Q); step on L to R behind R (Q); step on R to R (S).

#### II. HOLD

1 Step on L to L (S); step back onto R (Q); step on L to R in front of R (S); bring R next to L with most of wt still on L, slight bounce from knee (S); rock back onto R (S).

#### III. FORWARD AND TURN

1 Facing ctr, step fwd and slightly diag L on L (S); step fwd and slightly diag R on R (Q); step fwd on L with a slight hop (S); rock back onto R (Q); rock fwd onto L (Q); rock back onto R (S); (can have a quick hop on R).

2 Step 1/4 turn on L to L (S); step 1/2 turn on R to L (Q); step 1/2 turn on L to L (S); step 1/2 turn on R to L (Q); rock onto L (Q); rock onto L (S).

#### V. SQUATS AND TURN

1 Step on L to L descending into half or full squat, R knee to ground (S); leap back onto R, rising up with slight swing of L (Q); step on L to R in front of R (Q); bring R ft up slapping the heel (Q); step on R slightly to R (Q); tap L next to and slightly back of R (Q); swing L close to and in front of R shin (Q); slight hop on R (Q).

2 Step 1/4 turn on L to L (S); step 1/2 turn on R to L (Q); step on L to L descending into full or half squat (S); bounce (S); bounce and pivot R in squat (S).

Note: During the dance, free hands and arms snap fingers and gesture in a free, rhythmical and flowing way around head height and in front of and behind body.

Presented by Stephen Kotansky